


SEMINAR/WEBINAR/WORKSHOP REPORTS
DEPARTMENT OF PSYCHOLOGY
GOVERNMENT GENERAL DEGREE COLLEGE, SINGUR

YEAR: 2017-18

- A national level 2-day workshop was held from 23.11.2017 to 24.11.2017 (from 11am -4pm) at Seminar Hall of G.G.D.C, Singur, organized by the Department of Psychology, Government General Degree College, Singur in collaboration with Indian Association of Clinical Psychology (IACP, West Bengal).
- The title of the workshop was 'I choose life- Awareness Programme on Depression and Suicidal behaviour'.
- The speakers of Day 1 were 1. Dr. Somdeb Mitra, Assistant Professor, Department of Psychology, University of Calcutta; & 2. Dr. Prasanta Kumar Roy, Clinical Psychologist and Assistant Professor, Head, Department of Psychology, Institute of Psychiatry, Kolkata
- The speakers of Day 2 was Sreetama Chatterjee, faculty and Clinical Psychologist, Institute of Psychiatry, Kolkata
- No. of participants: 150
- The main aim of the workshop was to spread awareness amongst the youth of Singur. The teachers and students of various schools of Singur participated along with the students of the college.


GOVERNMENT OF WEST BENGAL
GOVERNMENT GENERAL DEGREE COLLEGE
ESTD 2013
 OFFICE OF THE PRINCIPAL
JALAGHATA, SINGUR, HOOGHLY, W.B. 712409.
 Phone & Fax: +91 033 26300126. Email: gicsingur@gmail.com

Memo No. _____ Date: 26.11.17
 To
 The Headmistress/Headmaster,
 Star Land English Medium School,
 West Bengal

SUB: Letter of Invitation

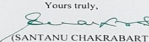
Respected Madam/Sir,


The world around has changed, young boys and girls who are growing up today are having a quite different upbringing from what we have been through. The increase in pressure of studies along with increasing load of school bags, rising competitiveness, growing insecurities, fear of failure have made their lives more complex. Along with all these complexities there is emotional turmoil and identity crisis associated with the adolescence period. Boys and girls find it difficult to cope with all these and often suffer from low self esteem, depression, which aggravates to the state where they try to end their own lives and engage in suicidal behaviour. So it is important for people around them like parents, teachers, friends to identify such problems so that they can be healed before it's too late.

Therefore, to spread the message of awareness, Government General Degree College, Singur, Department of Psychology, in collaboration with Indian Association of Clinical Psychology (West Bengal) has arranged for a seminar- "**I Choose Life**". Awareness Programme on Depression and Suicidal behaviour. The programme will be held on 23rd- 24th November, 2017 at Government General Degree College, Singur from 11:30 am to 3:30pm.

We cordially invite you on this occasion and request you to send a representative team of teachers and students to attend this seminar on 24th November 2017, at 11:30 am at the college premises.

Thanking you in anticipation.

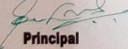
Yours truly,

 (SANTANU CHAKRABARTI)
 Principal,
 GGDC, Singur
Principal
 Govt. General Degree College, Singur.



Government General Degree College, Singur
 Jalaghata, Singur, Hooghly

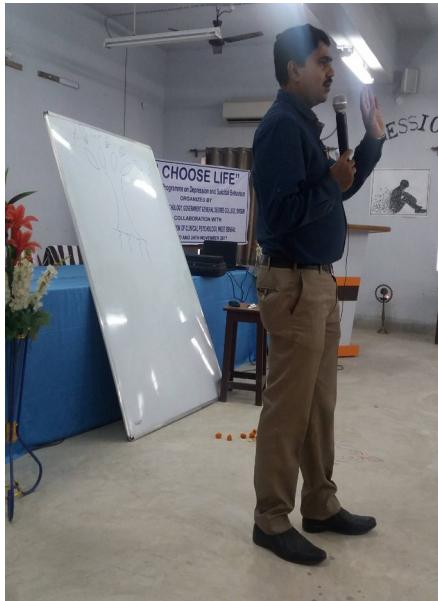
I CHOOSE LIFE: AWARENESS PROGRAMME ON DEPRESSION AND SUICIDAL BEHAVIOUR

Certificate

It is hereby certified that Dr./Prof./Mr./Ms./Mrs. _____ from _____
 Government General Degree College, Singur, has participated (chaired session/presented paper) in the awareness Programme entitled "**I CHOOSE LIFE: Awareness Programme on Depression and Suicidal Behaviour**" during 23rd - 24th November, 2017 organized by the Department of Psychology, GGDC, Singur in collaboration with Indian Association of Clinical Psychology, West Bengal (IACPWB).


Principal
 Government General Degree College Singur


Head, Dept. Of Psychology
 Government General Degree College Singur



YEAR 2020-21

- A series of interactive sessions on different psychosocial issues ‘Esho Kotha Boli’ was organized by the Department of Psychology and Sociology in collaboration with the IQAC, Government General Degree College, Singur.
- It was a community Development Programme which catered many as it was on YouTube live streaming via G-suite.
- The first session was held on 29.08.2020 from 6pm and the topic was The Irresistible Poison: Addiction.
- The speakers of the first session were- Psychologist: Dr. Sreeparna Kar, Assistant Professor; Department of Psychology; Sociologist: Dr. Sumana Goswami, Assistant Professor & HOD, Dept. of Sociology, GGDC, Singur
- Moderator: Dr. Chandrima Biswas, Assistant Professor, Dept. Sociology, GGDC
- Total no. of participants: 100 and 431 views on YouTube (<https://youtu.be/1rapwZ4mEic>)

Community Development Programme
 “এসো কথা বলি”
Interdisciplinary Interactive Session on Psychosocial Issues: A Joint Initiative by the Department of Psychology & Sociology
 Government General Degree College, Singur
 In collaboration with IQAC, GGDC, Singur

EPISODE :1 The Irresistible Poison: ADDICTION

- Interested participants can register in the link provided below.
- Link for Registration: <https://forms.gle/SQKSEhQ9ab3cYc7C6>
- No Registration fee required
- Registration closing Date: 15.08.2020
- Participants who are interested to ask questions (regarding the topic), are requested to write and send their questions in another link which will be provided after the registration via e-mail. Confidentiality will be strictly maintained.
- Last date for sending the questions: 16.08.2020
- Registered candidates will get the link of the session via e-mail prior to the interactive session
- Sorted Questions will be addressed on the interactive session
- Kindly register fast. Seats are limited.

Date of the Session: 29.08.2020
 Times: from 6 PM
 Platform : Google Meet

YOU ARE CORDIALLY INVITED

Organizing Committee
Patron
 Dr. Santanu Chakrabarti
 Principal, Government General Degree College, Singur

Advisor
 Dr. Chaitali Chaudhury
 IQAC, Co-ordinator
 Associate Professor, Department of History
 Government General Degree College, Singur

Joint Conveners
 Dr. Sreeparna Kar, Assistant Professor, Department of Psychology, Government General Degree College, Singur
 Dr. Sumana Goswami, Assistant Professor & Head, Department of Sociology, Government General Degree College, Singur

Joint Co-ordinators
 Dr. Chandrima Biswas, Assistant Professor, Department of Sociology, Government General Degree College, Singur
 Dr. Trisha Sinha, Assistant Professor, Department of Sociology, Government General Degree College, Singur
 Abanti Bhattacharya, Assistant Professor & Head, Department of Psychology, Government General Degree College, Singur

Contact
 E-mail: psychosocsessions@gmail.com

REC

MOU MAITY

Sumana Goswami

chandrima biswas

Sreeparna Kar

Principal GGDC, Singur

Principal GGDC, Singur

- The second session was held on 26.09.2020 from 6pm and the title of the topic was Slipping into Darkness: Suicide and Depression
- The speakers of the second session were- Psychologist: Dr. Sreeparna Kar, Assistant Professor; Department of Psychology; Sociologist: Dr. Titasha Sinha, Assistant Professor ,Dept. of Sociology, GGDC, Singur
- Moderator: Dr. Sumana Goswami, Assistant Professor & Head, Dept. Sociology, GGDC
- Total no. of participants: 100 and 204 views on YouTube (<https://youtu.be/YPmCDWiYwOg>)

Community Development Programme
Interdisciplinary Interactive Session on Psychosocial Issues: A Joint Initiative by the Department of Psychology & Sociology
 Government General Degree College, Singur
 In collaboration with IQAC, GGDC, Singur

EPISODE 2 SLIPPING INTO DARKNESS: SUICIDE & DEPRESSION

Participants who are interested to ask questions (regarding the topic), are requested to write and send their questions in the link provided below. Confidentiality will be strictly maintained.

Last date for sending the questions: 16.09.2020
 Link for asking Questions: <https://forms.gle/1YvFnsii@h6xt1BHA>

Sorted Questions will be addressed on the interactive session
 Link for joining the session will be provided few days before the session

Date of the Session: 26.09.2020
 Time: from 6 PM
 Platform : Google Meet & Live streaming on YouTube

YOU ARE CORDIALLY INVITED

Organizing Committee
Patron
 Dr. Santanu Chakrabarti
 Principal, Government General Degree College, Singur

Advisor
 Dr. Chaitali Chaudhury
 IQAC, Coordinator
 Associate Professor, Head, Department of History
 Government General Degree College, Singur

Joint Conveners
 Dr. Chandrima Biswas, Assistant Professor, Department of Sociology, Government General Degree College, Singur
 Abanti Bhattacharya, Assistant Professor & Head, Department of Psychology, Government General Degree College, Singur

Joint Co-ordinators
 Dr. Sumana Goswami, Assistant Professor & Head, Department of Sociology, Government General Degree College, Singur
 Dr. Titasha Sinha, Assistant Professor, Department of Sociology, Government General Degree College, Singur
 Dr. Sreeparna Kar, Assistant Professor, Department of Psychology, Government General Degree College, Singur

Contact
 E-mail: psychosociosessions@gmail.com

REC

S

Dr.Santanu Chakrabarti

Sreeparna Kar

Sumana Goswami

P

H

Principal GGDC, Singur

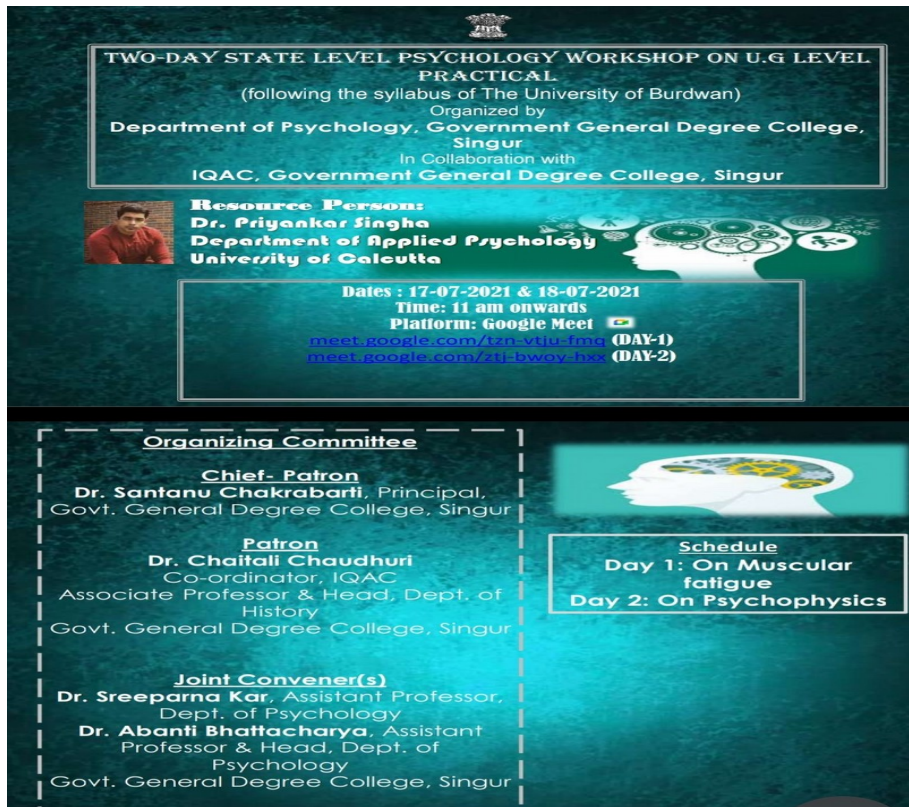
History GGDC, Singur

Dr. Titasha Sinha

P


YEAR 2021-22

- A Two-Day State Level Psychology Workshop on U.G. Level Practical (following the Syllabus of The University of Burdwan) was organized by Department of Psychology in collaboration with IQAC, Government General Degree College, Singur on 17/07/2021 & 18/07/2021 at Google Meet from 11 am to 1 pm.
- The speaker of both the days was Dr. Priyanka Singha, Department of Applied Psychology, University of Calcutta
- The topic of workshop on first day was on Muscular fatigue and on the second day, the topic was on Psychophysics.
- The number of participants were: 39



TWO-DAY STATE LEVEL PSYCHOLOGY WORKSHOP ON U.G LEVEL PRACTICAL
(following the syllabus of The University of Burdwan)
Organized by
Department of Psychology, Government General Degree College, Singur
In Collaboration with
IQAC, Government General Degree College, Singur

Resource Person:
Dr. Priyanka Singha
Department of Applied Psychology
University of Calcutta

Dates : 17-07-2021 & 18-07-2021
Time: 11 am onwards
Platform: Google Meet 
meet.google.com/tzn-vtju-fmg (DAY-1)
meet.google.com/zti-bwov-bxx (DAY-2)

Organizing Committee

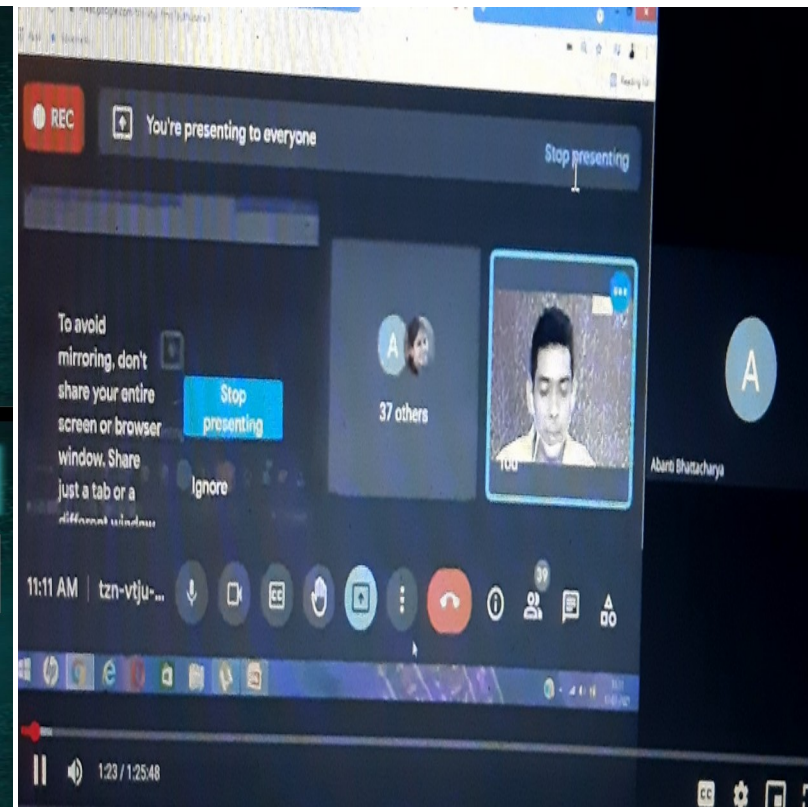
Chief- Patron
Dr. Santanu Chakrabarti, Principal,
Govt. General Degree College, Singur

Patron
Dr. Chaitali Chaudhuri
Co-ordinator, IQAC
Associate Professor & Head, Dept. of
History
Govt. General Degree College, Singur

Joint Convener(s)
Dr. Sreeparna Kar, Assistant Professor,
Dept. of Psychology

Dr. Abanti Bhattacharya, Assistant
Professor & Head, Dept. of
Psychology
Govt. General Degree College, Singur

Schedule
Day 1: On Muscular fatigue
Day 2: On Psychophysics



REC You're presenting to everyone Stop presenting

To avoid mirroring, don't share your entire screen or browser window. Share just a tab or a different window.

Stop presenting Ignore

37 others

Abanti Bhattacharya

11:11 AM | tzn-vtju-... 1:23 / 1:25:48

