

Programme Specific Outcome (PSO) and Course Outcome (CO)

Department of Psychology

Government General Degree College, Singur

Name of The Programme	Year of Introduction	Core Course	Programme Specific Outcome	Course Outcome
B.A./B.Sc Psychology (Hons.) under CBCS	20021-22	SEMESTER 1 CC 1	The UG course program attempts to lay down the important foundations of psychology as a scientific discipline. It helps them to understand how the mind works, how the basic cognitive, affective and conative aspects work.	Introduction to Psychology 1.1 Students are encouraged to develop and understand the concepts of the field of psychology, methods of understanding human behavior, the nature and scope of Psychology. 1.2 Students learn about different thoughts and schools of Psychology and develop an understanding of both the perspective, Indian as well as Western. 1.3 Students learn about varied aspects of Psychology i.e. attention, perception, motivation and emotion and get first-hand knowledge of the same through practicum.

		<p>CC 2</p> <p>GENERIC ELECTIVE (HONS)-1</p>	<p>The course aimed at knowing the emerging field of cognitive psychology which will strengthen their foundation in cognitive science.</p> <p>This course programme helps the students to know about the basic processes of psychology, which will help their basic knowledge in Psychology which is required in different kinds competitive examinations in future.</p>	<p>Basic Psychological Processes</p> <p>2.1</p> <p>Students learn about various cognitive aspects of psyche i.e., thinking-reasoning, problem solving, intelligence, learning, memory and also get exposure of the same through practicum.</p> <p>2.2</p> <p>They learn about the different theoretical aspects of these cognitive processes.</p> <p>Foundations of Psychology</p> <p>3.1</p> <p>Students learn psychology as a science subject, methods, its origin along with Indian reference.</p> <p>3.2</p> <p>Students are introduced with the basic psychological processes like perception, learning, memory, motivation, personality and intelligence along with their applications in everyday life.</p>
		<p>SEMESTER 2</p> <p>CC 3</p>		<p>Quantification in Psychology</p> <p>4.1</p> <p>Students gain an understanding of the use and importance of statistics in psychological research.</p>

		<p style="text-align: center;">CC4</p>	<p>This paper is a study of the need for quantification in Psychology. It encourages students to develop a scientific bent of mind while quantifying any kind of observation in their experiences.</p> <p>In recent times, knowing the biological foundation of behavior is extremely important as it helps the students to pursue their career in brain science, cognitive neuroscience.</p>	<p style="text-align: center;">4.2</p> <p style="text-align: center;">They learn the concepts of population, sample, different measurement techniques and techniques of descriptive statistics for quantitative research.</p> <p style="text-align: center;">4.3</p> <p style="text-align: center;">They have an understanding of the concepts of tabulation, graphical representation of data and computation of data through various statistical methods.</p> <p style="text-align: center;">4.4</p> <p style="text-align: center;">Students learn about different types of variables and these are used in psychological research.</p> <p style="text-align: center;">Biological Foundation of Behaviour</p> <p style="text-align: center;">5.1</p> <p style="text-align: center;">Students gain the knowledge regarding the biological and cellular foundation of Behaviour and the methods of understanding biopsychology.</p> <p style="text-align: center;">5.2</p> <p style="text-align: center;">They gain knowledge regarding different structures and functions of neurons.</p> <p style="text-align: center;">5.3</p> <p style="text-align: center;">Students gain an in-depth knowledge regarding Nervous system</p>
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		<p>GE-2</p>	<p>This programme help the students to learn how social situations/group influence individual behavior and vice versa, which will be beneficial for them in their personal and professional lives.</p>	<p>structure and how these structures work.</p> <p>Introduction to Social Psychology</p> <p>6.1</p> <p>Students get the basic concepts, scope and history of social psychology with special reference to India.</p> <p>6.2</p> <p>They learn about individual level (attitude formation and change) and group level (interpersonal attraction, prosocial behaviour, aggression) processes.</p> <p>6.3</p> <p>They learn about the different aspects of group behavior.</p>
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		<p>SEMESTER 3</p> <p>CC 5</p>	<p>Knowledge in different psychometric methods and training in statistical computations and techniques help the students to be confident in handling statistics for future endeavours, as different statistical tools and techniques has become really important in the fields of social and behavioural sciences.</p>	<p style="text-align: center;">Psychometry</p> <p style="text-align: center;">7.1</p> <p>Students know about the different psychometric methods in an extensive way such as the concept, computation and importance of NPC in statistics and the concept of divergence from normality.</p> <p style="text-align: center;">7.2</p> <p>They get acquainted with the concepts, use and computation of different statistical techniques such as correlation, t-test etc.</p> <p style="text-align: center;">7.3</p> <p>They learn about the concept, uses and applications of parametric and non-parametric statistics.</p> <p style="text-align: center;">7.4</p> <p>They get an exposure of the methods of testing and interpreting hypotheses-testing.</p> <p style="text-align: center;">7.5</p> <p>They get an idea about the concepts of inferential statistics.</p> <p style="text-align: center;">Methodology</p> <p style="text-align: center;">8.1</p> <p>Students gain an understanding of the process and the methods of quantitative and qualitative psychological research traditions.</p> <p style="text-align: center;">8.2</p> <p>They learn about different methods of data collection like</p>
		<p>CC 6</p>	<p>This course emphasizes the importance to research orientation for students to conduct independent research programs in future</p>	

		<p>CC 7</p> <p>SEC 1</p>	<p>This programme helps the students to learn how social situations/group influence individual behavior and vice versa, which will be beneficial for them in their personal and professional lives.</p> <p>EI is an emerging field especially important, not only in Organizational behavior but in inter-personal dealings in every areas of life. Understanding, controlling and managing emotions are the skills which is beneficial in every aspects of lives.</p> <p>Behaviour modification is an</p>	<p>observation, interview, focus group discussion. CO3. They learn about different experimental methods, sampling techniques and psychological testing.</p> <p>Social Psychology</p> <p>9.1</p> <p>Students get an insight into the basics of social psychology and develop an understanding of the individual in relation to the social world.</p> <p>9.2</p> <p>They are introduced to the realm of social influence, as to how individuals think, feel, change their attitude and behave in social situations CO3: how the group or the social world influence the individuals and vice-versa.</p> <p>Emotional Intelligence</p> <p>10.1</p> <p>Students understand the concept of Emotional intelligence and learn the ways of developing it.</p> <p>10.2</p> <p>Students gain the knowledge of controlling and managing emotions and apply them in different life situations.</p> <p>OR</p>
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		<p>GE 3</p>	<p>extremely successful technique in behavior therapy to treat different disorders of childhood, anxiety disorders along with managing developmental disorders (ABA). This will help the students in pursuing careers in the field of psychotherapy for the above-mentioned problems.</p> <p>It helps to maintain and promote mental health. This encourages taking a healthy and positive attitude towards life, beneficial for personal and professional growth as well. This knowledge is required in taking up different kinds competitive examinations in future.</p>	<p>Behaviour Modification</p> <p>10.1</p> <p>Students learn the concept and knowledge about behavior modification techniques.</p> <p>10.2</p> <p>They learn to apply these methods and techniques in different life situations.</p> <p>Psychology for Health and Well-being</p> <p>11.1</p> <p>Students develop an understanding about the different spectrum of health and illness, stress.</p> <p>12.1</p> <p>They learn about the management techniques (health enhancing behaviours) for better health and life enhancement.</p>
		<p>SEMESTER 4</p> <p>CC 8</p>	<p>Gaining knowledge regarding the different aspects of human development across life span, gives a clear idea about the</p>	<p>Developmental Psychology</p> <p>13.1</p> <p>Learners gain an understanding of the concept and process of human development across the life span</p>

			<p>developmental milestones to be achieved by a child. Failing to do so can give a signal for interventions. the student can take up the career of a developmental psychologist to treat and intervene various developmental disorders and differently abled persons.</p>	<p>13.2</p> <p>They get acquainted with the various domains of human development.</p>
		CC 9	<p>Students learn about counselling psychology, not only helps the person in their professional career but in their personal lives as well. The students can take up the career as mental health counsellor and help others in trouble.</p>	<p>13.3</p> <p>They get an insight into the socio-cultural context of human development.</p> <p>Counselling Psychology</p> <p>14.1</p> <p>Students are equipped to understand the basic concepts, theories processes, steps and techniques of Counseling.</p>
		CC10	<p>The factors responsible for creating one's personality is very important as taking up or quitting that factor help us adjust better in the environment. Knowing</p>	<p>14.2</p> <p>Learners are aware of the ethical issues of the process.</p> <p>14.3</p> <p>Students get the knowledge of different applications and contemporary trends in Counselling.</p> <p>Personality</p> <p>15.1</p> <p>Students learn about the different factors (cultural, biological, gender etc.) influencing personality.</p> <p>15.2</p>

		<p style="text-align: center;">SEC 2</p>	<p>different perspectives on personality lay the foundation of different psychological assessments and psychotherapeutic viewpoints many a times.</p> <p>Stress is very common these days and is the source of many lifestyle-related problems. Knowing the different coping strategies and stress management techniques make the students deal and manage effectively the stresses of daily lives and help them in better adjustments.</p> <p>Communication is a powerful tool. This knowledge will help the students to communicate more effectively in all the facets of life.</p>	<p>Students get some knowledge regarding different perspectives and thoughts about personality.</p> <p style="text-align: center;">Stress Management</p> <p style="text-align: center;">16.1</p> <p>Students get acquainted about the concept, nature and sources of stress along with its various causes</p> <p style="text-align: center;">16.2</p> <p>They learn how to make adjustments and manage to cope with stress in everyday life situation more effectively.</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Communication</p> <p style="text-align: center;">16.1</p> <p>Students learn about the concept, nature and functions of communication along with its different facets in different contexts.</p> <p style="text-align: center;">16.2</p> <p>They get to know about the role of non-verbal communication with respect to culture, gender and how it affects interpersonal behavior</p> <p style="text-align: center;">16.3</p> <p>They are acquainted with the knowledge of communication in organizational context, barriers</p>
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				16.4 They develop an understanding of applying knowledge of communication in different facets of life (both family and work life).
		GE 4	Knowledge in statistical computations and techniques help the students to be confident in handling statistics for future endeavours, as different statistical tools and techniques has become really important in the fields of social and behavioural sciences.	<p>Statistical Methods and Psychological Research</p> <p>17.1 Students learn about the basic statistical methods.</p> <p>17.2 They develop an understanding of psychological testing.</p> <p>17.3 They develop an understanding of qualitative methods and their uses.</p>
		SEMESTER 5 CC 11	This programme is about training the students how to identify, understand and change behaviours underlying social problems. Interventions and evaluations are also an integral part of the course curriculum that opens up avenues for students to work as social workers in different organizations.	<p>Applied Social Psychology</p> <p>18.1 Students get an understanding of the application of social psychology and how these influence behavior.</p> <p>18.2 Students learn about application of knowledge they gain from social psychology in different social contexts i.e., work, health and legal system.</p> <p>18.3</p>

		<p>CC 12</p>	<p>The course is of immense value. Knowing different neurophysiological aspects of human behavior help the students to choose their career paths in reputed institutions after graduation by clearing exams like COGJET</p> <p>This programme is actually helpful for the students who want to become health psychologist in future. It helps to maintain and promote mental health. This encourage us to take an healthy and positive attitude towards life, beneficial for personal and professional growth as well.</p>	<p>Students develop an insight regarding the different social issues and gain knowledge about intervention strategies.</p> <p style="text-align: center;">Neurophysiological Aspects</p> <p style="text-align: center;">19.1</p> <p>Students get acquainted with the different neuropsychological influences on behavior, neuropsychological bases of different cognitive and affective processes such as- learning, memory, motivation and emotion.</p> <p style="text-align: center;">19.2</p> <p>Students get knowledge about different functions and abnormalities of major glands and how these affect behavior.</p> <p style="text-align: center;">Health Psychology</p> <p style="text-align: center;">20.1</p> <p>Students understand the relationship between psychological factors and physical health.</p> <p style="text-align: center;">20.2</p> <p>They get an insight about the ways to enhance well-being.</p> <p style="text-align: center;">OR</p>
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		<p>DSE 1</p>	<p>This programme helps the students understand better ways of dealing with issues cropping up in community. This helps the students pursue their career in different community mental health programmes or in NGOs.</p> <p>Positive Psychology is a growing field, learning this can help them taking up different domains of positive psychology (such as hopes, well being etc) and applying them in their own and others lives will improve their overall quality of life.</p>	<p style="text-align: center;">Community Psychology</p> <p style="text-align: center;">20.1</p> <p>Students develop an understanding of the link between individuals and communities.</p> <p style="text-align: center;">20.2</p> <p>They learn how to deal with social issues more effectively with people's participation.</p> <p style="text-align: center;">Positive Psychology</p> <p style="text-align: center;">21.1</p> <p>Students are introduced with the basic concepts of the growing approach of positive psychology.</p> <p style="text-align: center;">21.2</p> <p>They get to know about the applications of positive psychology in various domains.</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Cultural and Indigenous Psychology</p> <p style="text-align: center;">21.1</p> <p>Students become aware of the role of culture in understanding behavior</p> <p style="text-align: center;">21.2</p> <p>They explore psychological insights in the Indian thought traditions.</p>
		<p>DSE-2</p>	<p>This programme helps the students to know the role of their own culture and Indian thoughts behind the discipline.</p>	

		<p align="center">SEMESTER 6</p>		<p align="center">Understanding and dealing with Psychological Disorders</p>
		<p align="center">CC 13</p>	<p>This course sensitizes the students to information on psychopathology and dispels myths regarding it which help in alleviating stigma related to mental health. It prepares students to deal with psychopathology of behaviours. Students may obtain a degree in M.Phil after completion of masters to pursue clinical/abnormal psychology and might become a clinical psychologist.</p>	<p align="center">22.1</p> <p>Students are provided with an overview of the concept of abnormality and the symptoms, dynamics and etiology of various psychological disorders.</p> <p align="center">22.2</p> <p>Students are introduced with the symptoms and etiological understanding of various psychological developmental, substance-related and personality disorders</p> <p align="center">22.3</p> <p>They are introduced with the aspects of different therapeutic techniques in order to deal with psychopathology.</p> <p align="center">Industrial Psychology</p> <p align="center">23.1</p> <p>Students get the basic concept of Industrial Psychology.</p> <p align="center">23.2</p> <p>They develop an awareness of the different concepts related to Industrial psychology- such as selection procedure and associated factors.</p> <p align="center">23.3</p>
		<p align="center">CC 14</p>	<p>Industrial/ Organizational Psychology is a relevant field in today's times prompting students to decide their careers in the corporate world/private organizations.</p>	

		<p style="text-align: center;">DSE 3</p>	<p style="text-align: center;">This programme is of immense value, if the student wants to pursue higher studies in Psychology or go into psychological research work. This gives a practical idea they earlier had in theory paper on research methodology. This gives an idea on how to choose a problem, make hypotheses, collect data, statistically analyze and interpret.</p> <p style="text-align: center;">HRM in Psychology is an emerging field. This gives an idea on how an organization uses and influences human resources and vice versa. Those who are interested in pursuing their career in corporate or private sectors</p>	<p style="text-align: center;">Students get aware about human psychological factors operative in industry, factors that affect work motivation, job satisfaction and how working conditions, climate affect individual productivity, job satisfaction, accident rates and conflicts etc.</p> <p style="text-align: center;">Dissertation/Project</p> <p style="text-align: center;">24.1</p> <p style="text-align: center;">They are able to design and conduct an original and ethical project.</p> <p style="text-align: center;">24.2</p> <p style="text-align: center;">They get introduced to the process and techniques of research project.</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Human Resource Management</p> <p style="text-align: center;">24.1</p> <p style="text-align: center;">Students develop an understanding of the various processes and issues inherent in organizations related to human resources.</p> <p style="text-align: center;">24.2</p> <p style="text-align: center;">They learn about role of culture and globalization in dealing employees of multinational enterprises.</p>
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		<p style="text-align: center;">DSE 4</p>	<p>will be immensely helped by this.</p> <p>This portion focuses on the interface between Psychology and education, how one influences the other. students who want to pursue their career as educational psychologist, teachers or special educators might be helped by this.</p> <p>This programme focuses on the influence of media on human psyche. Impact of this field is growing day by day. The students who are interested in studying the psychological interplay in media such as advertisements, movies will be benefitted.</p>	<p style="text-align: center;">Psychological Perspectives in Education</p> <p style="text-align: center;">25.1</p> <p>Students understand the relationship between psychology and education.</p> <p style="text-align: center;">25.2</p> <p>They appreciate various issues and emerging challenges with respect to the application of psychological ideas and theories in the discipline of education.</p> <p style="text-align: center;">25.3</p> <p>Students learns to deal with various problems and issues related to students diversity in a class room.</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Psychology and Media</p> <p style="text-align: center;">25.1</p> <p>Students get an understanding about the effect of media on human psyche.</p> <p style="text-align: center;">25.2 They develop a critical awareness of the underlying psychological processes and mechanisms.</p>
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